



# ANNUAL REPORT

# 2023



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**MANY HAVE NO ONE.  
BE THEIR SOMEONE.**

[www.stlcfs.org](http://www.stlcfs.org)



# Financial Report

for year end December 2023

A letter from Eric McPherson

Executive Director

*The Next 50 years.....*

*CFS just completed 50 years in service to our clients! Now we begin the journey to the next 50. There will be a 100th Anniversary celebration in 2073 and we want to prepare now for that to happen.*

*We had a great year in 2023! We hired 5 new people to work with us fulfill our mission of "**Striving to Love, Serve, Empower and Connect children, individuals, and families in our community.**" We hired Taylor Hilburn as our Pregnancy Support Case Worker, Miquilae Young as our Selah Living Social Worker, Teha Lilley as our ConnectCare Case Worker, and Dia King as our Office Administrative Assistant. Michael Womble will work part time as an Outreach Coordinator for churches. We are excited to be fully staffed! The more donations we receive, the more workers we can hire, the more clients we can serve.*

*There were a lot of changes this year from staffing to software. We had a Celebration Gathering on a Sunday afternoon at Brookdale Farms in Eureka, Missouri. What a great turnout and we raised a tremendous amount of money for our clients and services! It was a beautiful afternoon to catch up with old friends, let the kids play, listen to music and celebrate what God has done through CFS. We look forward to our next Celebration Gathering on September 22nd at the same place.*

*The world is changing quickly around us as well. We need you now more than ever. **We could not do what we do without you!** There are so many needs in the community from foster care to pregnancy support to transitional housing to adoption to counseling. We could not meet those needs without your contributions. We, in the Kingdom, have always known support and help in time of need. Yet, there are so many around us that have no one to help them.*

**Many need help,  
You want to help,  
We can help.**

*Eric*



## Giving Sources

Corporate Giving	\$9,935
Fundraisers	\$263,884
Memorial / Honorariums	\$21,113
Individual Contributions	\$807,231
Congregation Contributions	\$111,268
Car Donations	\$525
Grants	\$55,000
<b>TOTAL GIVING SOURCES</b>	<b>\$1,268,956</b>

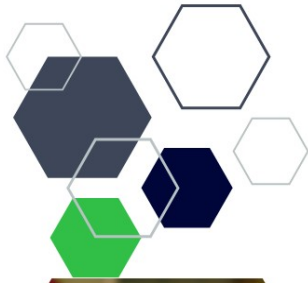
## Revenue Sources

Contributions and Grants	\$1,268,956
Service Fees	\$232,773
Interest / Gains	201,284
<b>TOTAL INCOME</b>	<b>\$1,703,013</b>

## Program Expenses

Administration	\$184,374
Adoption	\$69,549
Foster Care	\$81,557
Maternity	\$82,688
Family Life	\$321,951
Selah Living	\$108,366
Development	\$55,858
<b>TOTAL PROGRAM EXPENSE</b>	<b>\$904,343</b>

For the past eleven years, we have contracted with Sikich, LLP to do our annual financial audit. The financial reports contained in this 2023 annual report have not yet been audited. This year's as well as previous audits, along with the IRS Form 990, will be available from CFS upon request.



# IMPACT

you made in 2023



557 child care days



3,341 counseling sessions



21 total pregnancy support clients



38 children in care



9 licensed foster homes



52 adoptive follow up sessions

## Counseling Impact Story

He was in his early twenties and had just been released from prison after serving his sentence for a felony. He had no support and no job and no money. He was remorseful for what he had done and sought out counseling from CFS. He could not afford it, so we provided him with free counseling sessions. We never turn anyone away based on their ability to pay.

Over the course of the next few sessions, we explored the destructive thinking patterns and habits that lead to his arrest. We considered ways to support himself. We reframed his past hurts and re-imagined his future. He started a house washing business with a very small loan from a friend and slowly built a way to support himself in his new life.

## Selah Living Impact Story

Tyler, a single, 26-year old young man, called CFS to inquire if he could get rental assistance to move into a new residence with his foster son, Brandon\*. Tyler was renting a home that became uninhabitable.

Tyler's story is unique in that he resided in Texas when he was informed that his infant cousin was placed in the foster care system with no relatives able to provide care for him. Tyler decided to answer the call, uproot his life and successful career, and move to St. Louis. Once in St. Louis he went through all of the steps to become an approved and licensed foster parent and found a job at a significant pay cut. Tyler's heart and dedication to providing a safe place for his foster son, made it easy to approve him for rental assistance.

Tyler's motivated and optimistic spirit was truly inspirational to all of the staff at CFS. After two weeks of searching, Tyler was able to move into a 1-bedroom apartment. Brandon was returned to his care the next day. CFS is happy to provide rental assistance to Tyler and Brandon to allow time for them to get settled and save for the future.

## Pregnancy Support Impact Story

Veronica called CFS seeking services through our pregnancy support program. She has three kids and needed support parenting through her current pregnancy. She was referred to us through a google search and also confirmed her pregnancy through Mosaic Health in Illinois which is a partnering agency.

Veronica has worked hard at educating herself on new parenting strategies through our program. She delivered a healthy baby girl in December. She worked a few jobs here and there but gained stability after having time off for her delivery. Now, she is a breastfeeding specialist through her local WIC office helping women gain skills and confidence. She also has designed a logo to start her own dog grooming business within the year. Veronica has felt, seen and loved through Christian Family Services and our pregnancy support program.

## The CFS Team

### Board of Trustees

Brad Stevens  
Don Fitzgerald  
Bret Blackford  
Dave Weiler  
Stephen Walker

\*as of March 1, 2024

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Jan Johnson, Treasurer  
Melanie Sewkarran  
Kevin Fields  
Jamie Flores  
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### CFS Staff

Eric McPherson, MA, LPC Executive Director  
Steven M. Awtrey, M.Ed, LPC Director Emeritus  
Jodi Mitchell, BS Director of Finance and Social Services  
Mary Ennis, Office Manager  
Carla Rupkey, BS Insurance Specialist  
Dia King, BS Office Assistant  
Megan Westjohn, MSW, LCSW Social Worker  
Taylor Hilburn, BS Case Manager  
Teha Lilley, BS Case Manager  
Miquilae Young, MA Social Worker  
Michael Womble, MDiv, Outreach Coordinator  
Sarah Gentry, MAC, MAT, LPC Program Advisor/Therapist  
Jeff Fabbiano, MA, LPC Therapist  
Sally Blackburn, PhD, LPC Therapist  
Lisa Randolph, MA, LPC Therapist

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